## Timulas comunidada. Preparedness tip #1

Sure, summer nights are made for late bedtimes... running outdoors until dark, watching for the first bat of the evening, family movies with nowhere (for the kids) to be the next morning. The night before school starts can be a real shocker: "I have to go to bed WHEN??!!!"

Start putting your little one to bed 5 minutes earlier each night <u>now</u> to avoid such a scene. You'll



have a happier and better-prepared Child the first day of classes.

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